

5K—November 6th, 2009
Dick Tomlin's Spirit of Triathlon Nov 7th, 2009
ENTRY FORM - Sprint Triathlon, 5K Fun Run & Kids' Triathlon

Race entry for: Tri _____ Relay _____ 5K Fun Run _____ Kids' TRI _____

Triathlon Registration is limited to the first 300 athlete's - register early!!

Divisions

5K 13-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+
Veteran Retired Person Baby Stroller (with child) Teacher (current or retired) 1st-time 5K entrant

SPIRIT OF TRIATHLON

13-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+
Relays: (circle one) male female mixed

KIDS TRIATHLON AGE DIVISIONS: 5-6, 7-8, 9-10, 11-12

Last Name _____ First Name _____ Gender: Male Female

Address _____ Phone Number _____

City _____ State _____ Zip _____

Email _____

(PLEASE PRINT CLEARLY, ALL RACE COMMUNICATION WILL BE VIA EMAIL)

USAT MEMBER Y N USAT # _____ Birthdate: ____/____/____ Shirt Size S M L XL

Age as of DECEMBER 31, 2009 _____\
(USAT RULES STATE THAT YOU RACE AS OF YOUR AGE ON DECEMBER 31, SEE WEBSITE FOR DETAILS)

ESTIMATED SWIM TIME for 500 YARDS: _____

Relay Team Name _____ RELAY TEAM DIVISION Male Female Mixed

Team Members Names:

Swim _____ Bike _____ Run _____

Sprint Triathlon	\$60 (add \$10 after Nov 1)	_____
Relays	\$70 (add \$10 after Nov 1)	_____
5K run & walk	\$20 (add \$5 after Nov 1)	_____
Kids' Triathlon	\$10 per child (includes USAT license)	_____

\$10 ONE DAY LICENSE _____

Dinner Banquet for athlete is \$5 and guests are \$10 each. _____

TOTAL _____

Mail to Tucson Racing, Box 417, Loveland, OH, 45140. Checks made out to Spirit of Triathlon.

All athletes must be an annual member of USAT or purchase a one day license. Helmets required. See www.usatriathlon.org for details.